



# Functioning of Hospitals: Vital in Promoting Good Health and Well-Being

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**Abstract:** *The hospitals are regarded as one of the prominent organizations, which have the primary goals of promoting good health and well-being of the individuals. This needs to be focused on physically and psychologically. Individuals from all age groups are experiencing various types of health problems and illnesses. Hence, they make visits to hospitals to receive treatment for these conditions. Medical practitioners and healthcare specialists must ensure that they treat these patients in a well-ordered and disciplined manner. The measures must be implemented effectively to ensure the satisfactory functioning of the hospitals. Individuals are required to be well-versed in various types of pioneering methods and materials for the implementation of job duties and responsibilities. Furthermore, individuals need to possess well-developed moral traits, ethics, diligence, and conscientiousness. These are the keys to enabling individuals to cope with different types of dilemmas and challenging situations. Furthermore, they will achieve the desired goals and objectives. As a consequence, they will make a crucial contribution to the overall functioning of hospitals in an orderly manner. Therefore, the functioning of hospitals is vital in promoting good health and well-being. The main concepts considered in this research paper are understanding the meaning and significance of hospital functioning, measures to be implemented in promoting hospital functioning, and the advantages of promoting hospital functioning.*

**Keywords:** *Functioning, Health, Hospitals, Implementation, Individuals, Measures, Medical Facilities, Well-being*

## I. INTRODUCTION

Individuals from all communities, categories, and socio-economic backgrounds experience various types of health problems and illnesses. These are experienced in a major or minor form. Individuals are required to visit hospitals to obtain appropriate medical treatment. In urban communities throughout the country, these are well-developed. Medical practitioners and healthcare specialists are utilising various modern, scientific, and innovative methods and materials to implement different tasks and activities. In hospitals, both diagnosis and treatment for diseases are provided to both inpatients and outpatients (Jeffery, n.d.) [3]).

It makes provision of facilities for hospitalization, act as immunization centres in the prevention of diseases, makes provision of counseling and guidance services on acts such as, family planning, STD (sexually transmitted drugs) and aids for the improvement of social aspects and rehabilitation and act as the training medium for medical and allied health care professionals. Early detection of the disease would contribute to curing it. Therefore, providing medical facilities is regarded as vital to the functioning of hospitals.

With advancements taking place and the advent of modernisation and globalisation, it is of utmost significance to be well-versed in various types of modern, scientific, and innovative methods and materials. Medical practitioners and healthcare specialists need to be well-versed in these terms to make provisions for medical and healthcare facilities. The different types of these methods and materials include the utilisation of graphs, charts, maps, pictures, images, tools, devices, machinery, equipment, and various types of technologies. Individuals are required to be well-informed in these areas to perform their job duties in a well-organised and disciplined manner. The training programs take place once every three or six months. Medical practitioners and healthcare specialists are required to undergo training programs. These are intended for novice recruiters, and the information is imparted in terms of history, departments, personnel, job duties, responsibilities, methodologies, procedures, techniques, and so forth. In the course of implementing job duties, one is also required to undergo training programs. This is primarily to generate information regarding modern, scientific and innovative methods and materials. Therefore, the organisation of training programs facilitates the functioning of hospitals.

### A. Understanding the Meaning and Significance of the Functioning of Hospitals

Within hospitals, medical practitioners and healthcare specialists are required to be well-versed in the meaning and significance of effective communication processes. They need to work in collaboration and integration with other staff members to carry out their job duties successfully. Throughout the implementation of job duties, one needs to augment information in various subjects and concepts; exchange different types of ideas and viewpoints; obtain answers to overwhelming questions and clarify their doubts. Furthermore, one should use polite language and refrain from using indecent words. Additionally, it is essential to treat one another with respect and courtesy.

The individuals need to exercise control over the psychological problems of anger, stress, anxiety, frustration and depression. These need to be prevented from creating impediments within the course of implementing various tasks and activities.

Manuscript received on 18 August 2023 | Revised Manuscript received on 03 September 2023 | Manuscript Accepted on 15 September 2023 | Manuscript published on 30 January 2024.

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Throughout the implementation of job duties and dealing with patients, one needs to stay calm and composed. Therefore, individuals can acquire a thorough understanding of the meaning and significance of hospital functioning when effective communication processes are implemented.

In the medical profession, it is of utmost significance for individuals to conduct research. It refers to investigation, study, and examination. The primary objective is to enhance one's knowledge and understanding in various aspects. Individuals utilise multiple sources to conduct research, including books, articles, reports, projects, and other reading materials, as well as the internet. The internet is considered one of the most prominent sources for imparting information on various factors. Furthermore, individuals will generate information regarding pioneering methods and materials. Medical practitioners and healthcare specialists write research papers, articles, and books. The various topics that require research include diet and nutrition, medical treatment, diseases, health problems, illnesses, and other related issues. Hence, the task of conducting research has proven beneficial to individuals on a comprehensive basis. As a consequence, the overall functioning of the hospitals will be carried out in a well-ordered and disciplined manner. Therefore, one can acquire an understanding of the meaning and significance of hospital functioning when the research task proves to be advantageous.

Public health refers to the science and art of preventing diseases and prolonging the lives of individuals, promoting human health. Medical practitioners and healthcare specialists regularly focus on this concept. The organised and informed choices of societies, organisations, public and private communities, and individuals are contributing significantly to promoting public health. It is defined as the science of protecting the safety and improving the health of individuals through education, policy-making, and research, with a focus on disease prevention and injury prevention. Individuals differ from each other in terms of the number of factors; hence, they acquire an understanding of public health in different ways. Throughout the lives of individuals, it is essential to be well-versed in measures that promote good health. It needs to be promoted from both physical and psychological perspectives. Individuals are not only free from health problems and illnesses, but they also need to be mentally sound. Therefore, an understanding of the meaning and significance of hospital functioning is acquired when individuals generate information in terms of the concept of public health.

### **B. Measures to Be Implemented in Promoting the Functioning of Hospitals**

The individuals, belonging to all age groups, are overwhelmed by different types of health problems and illnesses. Some of these conditions include joint pain, headaches, backaches, kidney disorders, heart problems, diabetes, high blood pressure, low blood pressure, and others. In cases where individuals experience all these problems, they often visit hospitals. The individuals, belonging to rural communities, are migrating to urban communities to treat health problems and illnesses (Parvin & Kabir, 2011 [4]). Individuals in leadership positions are required to be well-informed about various factors that

facilitate the effective functioning of hospitals. They need to guide and lead the other members in the right direction. Additionally, job duties must be implemented in accordance with applicable laws and regulations. Furthermore, they have one of their primary goals of ensuring that patients can benefit from the services. As a consequence of being well-informed about measures to be implemented in promoting the functioning of hospitals, individuals will carry out their duties in a satisfactory manner. These measures are stated as follows:

### **C. Implementing Effective Communication Processes**

Within hospitals, medical practitioners and healthcare specialists are required to be well-versed in the meaning and significance of effective communication processes. They need to work in collaboration and integration with other staff members to carry out their job duties successfully. Throughout the implementation of job duties, one needs to augment information in various subjects and concepts, exchange different types of ideas and viewpoints, obtain answers to overwhelming questions, and clarify their doubts in other subjects and concepts. Furthermore, one should use polite language and refrain from using indecent words. Additionally, it is essential to treat one another with respect and courtesy.

The individuals need to exercise control over the psychological problems of anger, stress, anxiety, frustration and depression. These need to be prevented from creating impediments within the course of communicating and implementing various types of job duties. Throughout the implementation of job duties and dealing with patients, one needs to stay calm and composed. Therefore, implementing effective communication processes is regarded as one of the indispensable measures for promoting the functioning of hospitals.

### **D. Leading to Up-gradation of Training Programs**

Within hospitals, it is necessary to lead to the upgradation of training programs. The primary objective of these programs is to impart information on the history, departments, personnel, job duties, responsibilities, methodologies, procedures, techniques, infrastructure, amenities, facilities, organisational culture, and overall structure of the hospitals. In the course of implementing job duties, one is also required to undergo training programs.

This is primarily to generate information regarding modern, scientific and innovative methods and materials. Individuals are required to be well-informed in these areas to perform their job duties in a well-organised and disciplined manner.

The training programs take place once every three or six months. Medical practitioners and healthcare specialists are required to undergo training programs to prepare themselves in a well-organised manner. As a consequence, all job duties will be adequately facilitated as needed to ensure that the overall functioning of hospitals is carried out satisfactorily.

These are intended for novice recruiters as well as current medical practitioners and healthcare



specialists. Hence, the organisation of training programs facilitates the functioning of hospitals. Therefore, upgrading training programs is one of the significant measures that can be implemented to promote the functioning of hospitals.

### E. Being Well-Versed Regarding Job Duties and Responsibilities

Within hospitals, all staff members are required to be well-versed in their job duties and responsibilities. These are both complicated and manageable. They can be implemented over a more extended period or in a shorter one. Additionally, they can be put into operation on an individual basis or through collaboration and integration with others. Individuals typically form a schedule on a daily or weekly basis. This provides adequate information on all their job duties and responsibilities. Furthermore, one needs to take out a sufficient amount of time for these and avoid procrastination (Unutmaz, 2014 [5]).

In addition, the upgradation of analytical, critical-thinking, and problem-solving skills will facilitate individuals in generating the desired outcomes. The members need to ensure that they reinforce the traits of morality, ethics, diligence, and conscientiousness. As a consequence, they will be able to carry out their tasks and activities efficiently. Furthermore, all members will understand that they must satisfactorily implement various methodologies and procedures. Therefore, being well-versed in job duties and responsibilities is a crucial measure to promote the effective functioning of hospitals.

## II. UTILIZING PIONEERING METHODS AND MATERIALS

With advancements taking place and the advent of modernisation and globalisation, it is of utmost importance to be well-versed in various types of pioneering methods and materials. Medical practitioners and healthcare specialists must be well-versed in these terms to deliver effective medical and healthcare services to both inpatients and outpatients. The different types of these methods and materials include the utilisation of graphs, charts, maps, pictures, designs, models, structures, images, tools, apparatus, devices, machinery, equipment, and various types of technologies.

Individuals are required to be well-informed in these areas to perform their job duties in a well-organised and disciplined manner. As a consequence, individuals will not only perform their tasks and activities efficiently, but will also make an essential contribution to enhancing the organisational culture. Individuals need to acquire an efficient understanding of the concepts and engage in regular practice. As a consequence, individuals will be well-prepared to carry out tasks efficiently and generate the desired outcomes. Therefore, utilising pioneering methods and materials is a productive measure to promote the functioning of hospitals.

### A. Promoting Enrichment of Medical Facilities

Promoting the enrichment of medical facilities is regarded as one of the primary goals of all types of hospitals. Medical practitioners and healthcare specialists are utilising various modern, scientific, and innovative

methods and materials to implement different tasks and activities. In the hospitals, both diagnosis and treatment for diseases are provided to both inpatients and outpatients. It makes provision of facilities for hospitalization, act as immunization centres in the prevention of diseases, makes provision of counseling and guidance services on acts such as, family planning, STD (sexually transmitted drugs) and aids for bringing about improvements in social aspects and rehabilitation and act as the training medium for medical and allied health care professionals.

Early detection of the disease would contribute to its timely cure. The surgeries take long hours in some cases. Hence, there should be a provision of materials and equipment needed to carry out surgeries satisfactorily. Therefore, providing medical facilities is considered vital to the functioning of all types of hospitals. Thus, promoting the enrichment of medical facilities is a recognised measure to enhance the functioning of hospitals.

### B. Promoting Patient Care

Promoting patient care is regarded as one of the indispensable goals of all hospitals. The individuals, belonging to all age groups, are overwhelmed by different types of health problems and illnesses, i.e. pain in the joints, headaches, backaches, kidney disorders, heart problems, diabetes, high blood pressure, low blood pressure and so forth. In cases where individuals experience all these problems, they often visit hospitals. The private hospitals charge hefty expenses, but their facilities in promoting patient care are substantial. The Government hospitals provide medical facilities free of cost, but in some cases, the patients have to wait in long queues.

In all hospitals, there is a need to provide infrastructure, amenities, and facilities that significantly contribute to promoting patient care. Medical practitioners and healthcare specialists must be well-versed in the job duties and methodologies required to carry them out effectively.

Furthermore, there should be provision of materials and equipment necessary to carry out all tasks satisfactorily related to patient care. Therefore, promoting patient care is a meaningful measure to enhance the functioning of hospitals.

## III. CONDUCTING RESEARCH

Individuals employed in hospitals need to research various subjects and concepts. It refers to investigation, study, and examination. The primary objective is to enhance one's knowledge and understanding in multiple aspects. Individuals use various sources to conduct research, including books, articles, reports, projects, and other reading materials, as well as the internet. The internet is considered one of the most prominent sources for imparting information on various subjects and concepts. Furthermore, individuals will clarify doubts, leading to an upgrade in confidence levels.

In addition, information is generated regarding pioneering methods and materials. Medical practitioners and healthcare specialists write research papers, articles, and books. The various topics that require research include diet and nutrition,



medical treatment, diseases, health problems, illnesses, and other related issues. Hence, the task of conducting research has proven beneficial to individuals on a comprehensive basis. As a consequence, the overall functioning of the hospitals will be carried out in a well-ordered and disciplined manner. Therefore, conducting research is a notable measure to promote the functioning of hospitals.

### A. Enhancing Organizational Culture

Organisational culture is a concept that is crucial in all types of organisations. All members are required to be well-versed in various techniques necessary for the upgradation of organisational culture. When one is focused on promoting the functioning of hospitals, they need to be well-informed about factors that enhance organisational culture. Some of these factors are, implementing effective communication processes; leading to up-gradation of training programs; being well-versed in terms of all types of job duties and responsibilities; taking out sufficient amount of time for all tasks and activities; being well-informed in terms of methodologies, techniques and procedures; utilizing different types of pioneering methods and materials; augmenting knowledge, competencies and abilities; promoting enrichment of medical facilities; promoting patient care in a well-ordered manner; conducting research through utilizing various sources; inculcating the traits of morality, ethics, diligence and conscientiousness and leading to up-gradation of overall structure of hospitals. The acknowledgement and reinforcement of all these factors will facilitate the upgradation of organisational culture. Therefore, enhancing organisational culture is a favourable measure to promote the functioning of hospitals.

### B. Acknowledging the Concept of Public Health

Public health refers to the science and art of preventing diseases and prolonging the lives of individuals, promoting human health. Medical practitioners and healthcare specialists focus on this concept throughout their jobs. The organised and informed choices of societies, organisations, public and private communities, and individuals are contributing significantly to reinforcing the idea of public health. It is defined as the science of protecting the safety and improving the health of individuals through education, policy-making, and research, with a focus on disease prevention and injury prevention.

Individuals differ from each other in terms of the number of factors; hence, they acquire an understanding of public health in different ways. Throughout the lives of individuals, it is essential to be well-versed in measures that promote good health. It needs to be promoted from both physical and psychological perspectives. Individuals are not only free from health problems and illnesses, but they also need to be mentally sound. Therefore, acknowledging the concept of public health is a beneficial measure to promote the effective functioning of hospitals.

### C. Leading to Up-Gradation of the Overall Structure of Hospitals

Leading to the upgradation of the overall hospital structure is regarded as one of the indispensable goals of all members, irrespective of their job positions within the hospital hierarchy. Throughout their jobs, they are required

to be well-informed about factors that facilitate achieving this goal.

These are, being well-versed in terms of all types of job duties and responsibilities; taking out sufficient amount of time for all tasks and activities; coping with different kinds of problems and challenging situations in a satisfactory manner; augmenting analytical and critical-thinking skills; being well-informed in terms of methodologies, techniques and procedures; utilizing different types of pioneering methods and materials; augmenting knowledge, competencies and abilities; promoting enrichment of medical facilities; promoting patient care in a well-ordered manner; conducting research through utilizing various sources; inculcating the traits of morality, ethics, diligence and conscientiousness and forming cordial and amiable terms and relationships with others. The recognition and implementation of all these factors will facilitate the overall hospital structure's upgrade. Therefore, upgrading the overall structure of hospitals is a valuable measure to promote the functioning of hospitals.

### D. Advantages of Promoting the Functioning of Hospitals

The individuals, belonging to all age groups, are overwhelmed by different types of health problems and illnesses. In cases of experiencing various health problems and diseases, individuals often visit hospitals.

Individuals from rural communities are migrating to urban areas to seek treatment for their health problems and illnesses. The main reason is that, in rural communities, these are not in a well-developed state, whereas in urban communities, they are in a satisfactory condition (Kumari, Joshi, & Pandey, 2014[2]). Individuals in leadership positions and other staff members are required to implement techniques that effectively facilitate the functioning of hospitals. They need to be well-informed about the benefits of promoting hospital functioning. These facilitate the promotion of good health, both physically and psychologically, by providing counselling and guidance services, promoting community well-being, developing motivation towards implementing job duties, enhancing career prospects, and bringing about improvements in one's overall quality of life. These are stated as follows:

### E. Facilitating in Promoting Good Health, Physically and Psychologically

Health is wealth. Individuals from all communities, categories, and socio-economic backgrounds need to be well-versed in ways to promote good health. It needs to be promoted from both physical and psychological perspectives. Within hospitals, medical practitioners and healthcare specialists are required to provide information on all types of methods and approaches that promote good health, both physically and psychologically. Individuals are required to understand these concepts adequately. Furthermore, they need to make sure they are not overwhelmed by any type of dilemma. As a consequence of promoting the satisfactory functioning of hospitals, individuals employed there will enhance their knowledge of various



methodologies and procedures, which will facilitate their performance in job duties. Furthermore, desired outcomes will be generated. Therefore, facilitating the promotion of good health, both physically and psychologically, is regarded as one of the indispensable advantages of hospital functioning.

#### F. Providing Counselling and Guidance Services

Medical practitioners and healthcare specialists provide counselling and guidance services to patients. They are overwhelmed due to various health problems and illnesses. As a consequence, they experience psychological issues of anger, stress, anxiety, frustration and depression. Hence, counselling and guidance services prove to be beneficial in helping patients cope with these problems. All these problems need to be prevented from hindering the implementation of various job duties and responsibilities. Throughout the implementation of job duties and dealing with patients, one needs to stay calm and composed. As a consequence, counselling and guidance services will be conducted in a well-organised manner. Counsellors and counsees need to implement communication processes effectively and treat each other with respect and courtesy. Furthermore, honing analytical, decision-making, and critical-thinking skills will facilitate the generation of desired outcomes. Therefore, providing counselling and guidance services is one of the significant advantages of promoting the functioning of hospitals.

#### IV. PROMOTING COMMUNITY WELL-BEING

The functioning of hospitals is vital in both urban and rural communities throughout the country. This is regarded as one of the indispensable methods necessary for promoting community well-being. The individuals, belonging to all age groups, make visits to hospitals when they are overwhelmed by different types of health problems and illnesses, as well as psychological issues. Medical practitioners and healthcare specialists must be well-versed in all aspects of their job duties and the methodologies required to carry them out effectively. Hence, they are rendering an essential contribution to promoting community well-being. Furthermore, there should be provision of materials and equipment necessary to carry out all tasks satisfactorily related to patient care. In addition, all members need to emphasise augmenting their knowledge, competencies, abilities, and aptitude. As a consequence, not only will all staff members be well aware, but the concept of community well-being will also gain prominence. Therefore, promoting community well-being is a vital advantage of hospital functioning.

#### A. Developing Motivation Towards Implementing Job Duties

Within hospitals, all staff members are required to be well-versed in their job duties and responsibilities. These are both complicated and manageable, and they can be implemented in a shorter or longer amount of time, depending on the circumstances. Individuals in all positions need to be well-versed in time-management skills. These skills facilitate taking out sufficient time for these tasks and avoiding procrastination. Additionally, upgrading analytical,

critical-thinking, and problem-solving skills will enable individuals to achieve the desired outcomes.

The members need to ensure that they reinforce the traits of morality, ethics, diligence and conscientiousness (Human and Material Resources, 2020[1]). As a consequence, this will lead to an upgrade in motivation levels towards implementing their tasks and activities. Furthermore, their mindsets will be stimulated, and they will put in their best efforts. Therefore, developing motivation towards implementing job duties is an advantage for promoting the functioning of hospitals, which needs to be acknowledged by all members in the hospital's hierarchy.

#### V. ENHANCING CAREER PROSPECTS

Within hospitals, there are numerous individuals employed. They are making every effort to promote career enrichment. Enhancing career prospects is regarded as one of the primary goals of individuals across all positions in the hierarchy.

To achieve this goal, they are required to be well-informed in terms of certain factors, i.e. being well-versed in terms of all types of job duties and responsibilities; taking out sufficient amount of time for all tasks and activities; coping with different kinds of problems and challenging situations in a satisfactory manner; augmenting analytical and critical-thinking skills; well-informed in terms of methodologies, techniques and procedures; utilizing different types of pioneering methods and materials; augmenting knowledge, competencies and abilities; promoting enrichment of medical facilities; reinforcing a constructive approach; developing mutual understanding with others and inculcating the traits of morality, ethics, diligence and conscientiousness. As a consequence of implementing these factors, the functioning of hospitals will take place satisfactorily, and career prospects will be enhanced. Therefore, enhancing career prospects is a benefit of promoting hospital efficiency, which leads to an improvement in staff members' motivation levels.

#### A. Bringing About Improvements in One's Overall Quality of Life

Bringing about improvements in one's overall quality of life is regarded as one of the primary goals of individuals across all communities and socio-economic backgrounds. As a consequence of promoting the functioning of hospitals, individuals will make significant contributions to achieving this goal. The main reason is that they will contribute efficiently in generating information regarding measures to promote good health, both physically and psychologically. As a consequence of being physically and psychologically healthy, one will be well-prepared in terms of all measures to bring about improvements in one's overall quality of life. Furthermore, one will reinforce a constructive approach. Furthermore, there should be provision of materials and equipment necessary to carry out all tasks satisfactorily related to patient care. In addition, all members need to emphasise augmenting their knowledge, skills, capabilities, and aptitude. Therefore, improving one's overall quality of life is a

significant advantage of promoting hospital functioning, which should be a focus throughout an individual's life.

### VI. CONCLUSION

The functioning of hospitals is vital in all communities throughout the country. Measures to be implemented in promoting functioning of hospitals are, implementing effective communication processes, leading to up-gradation of training programs, being well-versed regarding job duties and responsibilities, utilizing pioneering methods and materials, promoting enrichment of medical facilities, promoting patient care, conducting research, enhancing organizational culture, acknowledging concept of public health and leading to up-gradation of overall structure of hospitals. The advantages of promoting the functioning of hospitals include facilitating good health, both physically and psychologically; providing counselling and guidance services; promoting community well-being; developing motivation towards implementing job duties; enhancing career prospects; and bringing about improvements in one's overall quality of life. Finally, it can be stated that implementing the functioning of hospitals satisfactorily is vital in promoting community well-being.

### DECLARATION STATEMENT

Funding	No, I did not receive.
Conflicts of Interest	No conflicts of interest to the best of my knowledge.
Ethical Approval and Consent to Participate	No, the article does not require ethical approval or consent to participate, as it presents evidence that is not subject to interpretation.
Availability of Data and Materials	Not relevant.
Authors Contributions	I am only the sole author in this article.

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