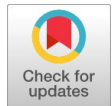


# Functioning of Hospitals: Vital in Promoting Good Health and Well-Being

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**Abstract:** *The hospitals are regarded as one of the prominent organizations, which have the primary goals of promoting good health and well-being of the individuals. This needs to be focused on physically and psychologically. The individuals, belonging to all age groups are experiencing different types of health problems and illnesses. Hence, they make visits to hospitals to get these treated. The medical practitioners and health care specialists need to make sure, they treat these in a well-ordered and disciplined manner. The measures are required to be put into practice appropriately in order to promote functioning of the hospitals in a satisfactory manner. The individuals are required to be well-versed in terms of different types of pioneering methods and materials in the implementation of job duties and responsibilities. Furthermore, it is necessary for the individuals to be well-versed in terms of traits of morality, ethics, diligence and conscientiousness. These are the key in enabling the individuals to cope with different types of dilemmas and challenging situations. Furthermore, they will achieve desired goals and objectives. As a consequence, they will render an important contribution in leading to overall functioning of hospitals in a well-ordered manner. Therefore, functioning of hospitals is vital in promoting good health and well-being. The main concepts that are taken into account in this research paper are, understanding the meaning and significance of functioning of hospitals, measures to be implemented in promoting functioning of hospitals and advantages of promoting functioning of hospitals.*

**Keywords:** *Functioning, Health, Hospitals, Implementation, Individuals, Measures, Medical Facilities, Well-being*

## I. INTRODUCTION

The individuals, belonging to all communities, categories and socio-economic backgrounds experience various types of health problems and illnesses. These are experienced in a major or minor form. The individuals are required to make visits to hospitals in order to obtain appropriate medical treatment. In urban communities, throughout the country, these are in a well-developed state. The medical practitioners and health care specialists are making use of various types of modern, scientific and innovative methods and materials in putting into operation different tasks and activities. In the hospitals, both diagnosis and treatment for diseases is provided to both inpatients and outpatients (Jeffery, n.d.[3]).

It makes provision of facilities for hospitalization, act as immunization centres in the prevention of diseases, makes provision of counseling and guidance services on acts such as, family planning, STD (sexually transmitted drugs) and aids for the improvement of social aspects and rehabilitation and act as the training medium for medical and allied health care professionals. Early detection of the disease would contribute efficiently in curing it. Therefore, providing medical facilities is regarded as vital in functioning of hospitals.

With advancements taking place and with the advent of modernization and globalization, it is of utmost significance to be well-versed in terms of various types of modern, scientific and innovative methods and materials. The medical practitioners and health care specialists need to be well-versed in terms of these in making provision of medical and health care facilities. The different types of these methods and materials are, utilization of graphs, charts, maps, pictures, images, tools, devices, machinery, equipment and various types of technologies. The individuals are required to be well-informed in terms of these in order to carry out their job duties in a well-ordered and disciplined manner. The training programs takes place once in three or six months. The medical practitioners and health care specialists are required to undergo training programs. These are meant for novice recruiters and information is imparted in terms of history, departments, personnel, job duties, responsibilities, methodologies, procedures, techniques and so forth. Within the course of implementation of job duties as well, one is required to undergo training programs. This is primarily to generate information regarding modern, scientific and innovative methods and materials. Therefore, organization of training programs are facilitating in functioning of hospitals.

### A. Understanding the Meaning and Significance of Functioning of Hospitals

Within hospitals, the medical practitioners and health care specialists are required to be well-versed in terms of meaning and significance of effective communication processes. They need to work in collaboration and integration with other staff members in order to carry out their job duties successfully. Throughout the implementation of job duties, one needs to augment information in terms of various subjects and concepts; exchange different types of ideas and viewpoints; obtain answers to all types of questions that are overwhelming and clarify their doubts. Furthermore, one needs to make use of polite language and decent words. In addition, one needs to treat each other with respect and courtesy.

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The individuals need to exercise control on the psychological problems of anger, stress, anxiety, frustration and depression. These need to be prevented from giving rise to impediments within the course of putting into practice various tasks and activities. Throughout the implementation of job duties and dealing with patients, one needs to stay calm and composed. Therefore, individuals are able to acquire an efficient understanding of the meaning and significance of functioning of hospitals, when communication processes are put into operation in an effective manner.

In the medical profession, it is of utmost significance for individuals to conduct research. It is referred to investigation, study and examination. The main objective is to augment one's knowledge and understanding in terms of various aspects. The individuals make use of various sources in order to conduct research, i.e. books, articles, reports, projects, other reading materials and internet. The internet is considered as one of the prominent sources that is utilized to impart information in terms of various factors. Furthermore, individuals will generate information regarding pioneering methods and materials. The medical practitioners and health care specialists write research papers, articles, and books. The various topics that need to be researched are, diet and nutrition, medical, treatment, diseases, health problems, illnesses and so forth. Hence, the task of conducting research has proven to be favorable to the individuals on a comprehensive basis. As a consequence, the overall functioning of the hospitals will be carried out in a well-ordered and disciplined manner. Therefore, one is able to acquire an understanding of the meaning and significance of functioning of hospitals, when the task of research is proving to be advantageous.

Public health is referred to the science and art of preventing diseases and prolonging the lives of the individuals and promoting human health. The medical practitioners and health care specialists are focusing on this concept on regular basis. The organized and informed choices of societies, organizations, public and private communities and individuals are contributing significantly in promoting public health. It is defined as the science of protecting the safety and improving the health of the individuals through education, policy making, research in terms of diseases and prevention of injuries. The individuals are different from each other in terms of number of factors, hence, they acquire an understanding of public health in a different manner. Throughout the lives of the individuals, they need to be well-versed in terms of measures, which are facilitating in promoting good health. It needs to be promoted from physical as well as psychological perspectives. The individuals are not only to be free from health problems and illnesses, but they need to be mentally sound as well. Therefore, an understanding of the meaning and significance of functioning of hospitals is acquired, when the individuals are generating information in terms of concept of public health.

### B. Measures to Be Implemented in Promoting Functioning of Hospitals

The individuals, belonging to all age groups are overwhelmed by different types of health problems and

illnesses. Some of these are, pain in the joints, headaches, backaches, kidney disorders, heart problems, diabetes, high blood pressure, low blood pressure and so forth. In cases of experiencing all these problems, the individuals make visits to hospitals. The individuals, belonging to rural communities are migrating to urban communities in order to treat health problems and illnesses (Parvin, & Kabir, 2011[4][6][7][8][9]). The individuals in leadership positions are required to be well-informed in terms of various factors, which are facilitating in functioning of the hospitals in a satisfactory manner. They need to guide and lead the other members in the right direction. In addition, job duties need to be implemented in accordance to the laws and rules. Furthermore, they have one of the primary goals of making sure that patients are able to benefit with the services. As a consequence of being well-informed in terms of measures to be implemented in promoting functioning of hospitals, individuals will carry out the functioning of the hospitals in a satisfactory manner. These measures are stated as follows:

### C. Implementing Effective Communication Processes

Within hospitals, the medical practitioners and health care specialists are required to be well-versed in terms of meaning and significance of effective communication processes. They need to work in collaboration and integration with other staff members in order to carry out their job duties successfully. Throughout the implementation of job duties, one needs to augment information in terms of various subjects and concepts; exchange different types of ideas and viewpoints; obtain answers to all types of questions that are overwhelming and clarify their doubts in terms of different subjects and concepts. Furthermore, one needs to make use of polite language and decent words. In addition, one needs to treat each other with respect and courtesy.

The individuals need to exercise control on the psychological problems of anger, stress, anxiety, frustration and depression. These need to be prevented from giving rise to impediments within the course of communicating and putting into practice various types of job duties. Throughout the implementation of job duties and dealing with patients, one needs to stay calm and composed. Therefore, implementing effective communication processes is regarded as one of the indispensable measures to be implemented in promoting functioning of hospitals.

### D. Leading to Up-gradation of Training Programs

Within hospitals, it is necessary to lead to up-gradation of training programs. The primary objective of these programs is to impart information in terms of history, departments, personnel, job duties, responsibilities, methodologies, procedures, techniques, infrastructure, amenities, facilities, organizational culture and overall structure of the hospitals. Within the course of implementation of job duties as well, one is required to undergo training programs.



This is primarily to generate information regarding modern, scientific and innovative methods and materials. The individuals are required to be well-informed in terms of these in order to carry out their job duties in a well-ordered and disciplined manner.

The training programs takes place once in three or six months. The medical practitioners and health care specialists are required to undergo training programs to prepare themselves in a well-ordered manner. As a consequence, all job duties will be facilitated adequately, needed in carrying out overall functioning of hospitals satisfactorily. These are meant for novice recruiters as well as current medical practitioners and health care specialists. Hence, organization of training programs are facilitating in functioning of hospitals. Therefore, leading to up-gradation of training programs is one of the significant measures to be implemented in promoting functioning of hospitals.

### E. Being Well-Versed Regarding Job Duties and Responsibilities

Within hospitals, all the members are required to be well-versed in terms of job duties and responsibilities. These are complicated as well as manageable, these are put into operation in more amount of time or can be less time-consuming and these are put into operation on an individual basis as well as through working in collaboration and integration with others. The individuals normally form a schedule for daily or weekly basis. This makes provision of adequate information in terms of all their job duties and responsibilities. Furthermore, one needs to take out sufficient amount of time for these and avoid procrastination (Unutmaz, 2014[5]).

In addition, up-gradation of analytical, critical-thinking and problem-solving skills will be facilitating to individuals in generating desired outcomes. The members need to ensure, they reinforce the traits of morality, ethics, diligence and conscientiousness. As a consequence, they will be able to put into operation their tasks and activities in an efficient manner. Furthermore, all the members will understand that they will have to put into operation different types of methodologies and procedures in a satisfactory manner. Therefore, being well-versed regarding job duties and responsibilities is an eminent measure to be implemented in promoting functioning of hospitals.

## II. UTILIZING PIONEERING METHODS AND MATERIALS

With advancements taking place and with the advent of modernization and globalization, it is of utmost significance to be well-versed in terms of various types of pioneering methods and materials. The medical practitioners and health care specialists need to be well-versed in terms of these in making provision of medical and health care facilities to inpatients and outpatients. The different types of these methods and materials are, utilization of graphs, charts, maps, pictures, designs, models, structures, images, tools, apparatus, devices, machinery, equipment and various types of technologies.

The individuals are required to be well-informed in terms of these in order to carry out their job duties in a well-ordered and disciplined manner. As a consequence, the

individuals will not only put into operation their tasks and activities in an efficient manner, but will render an important contribution in enhancing organizational culture. The individuals need to acquire an efficient understanding of the concepts and get engaged in regular practice. As a consequence, individuals will be well-prepared in carrying out tasks efficiently and generating desired outcomes. Therefore, utilizing pioneering methods and materials is a productive measure to be implemented in promoting functioning of hospitals.

### A. Promoting Enrichment of Medical Facilities

Promoting enrichment of medical facilities is regarded as one of the primary goals of all types of hospitals. The medical practitioners and health care specialists are making use of various types of modern, scientific and innovative methods and materials in putting into operation different tasks and activities. In the hospitals, both diagnosis and treatment for diseases is provided to both inpatients and outpatients. It makes provision of facilities for hospitalization, act as immunization centres in the prevention of diseases, makes provision of counseling and guidance services on acts such as, family planning, STD (sexually transmitted drugs) and aids for bringing about improvements in social aspects and rehabilitation and act as the training medium for medical and allied health care professionals.

Early detection of the disease would contribute efficiently in curing it on time. The surgeries take long hours in some cases. Hence, there should be provision of materials and equipment, which are needed in carrying out surgeries satisfactorily. Hence, providing medical facilities is regarded as vital in functioning of all types of hospitals. Therefore, promoting enrichment of medical facilities is a renowned measure to be implemented in promoting functioning of hospitals.

### B. Promoting Patient Care

Promoting patient care is regarded as one of the indispensable goals of all hospitals. The individuals, belonging to all age groups are overwhelmed by different types of health problems and illnesses, i.e. pain in the joints, headaches, backaches, kidney disorders, heart problems, diabetes, high blood pressure, low blood pressure and so forth. In cases of experiencing all these problems, the individuals make visits to hospitals. The private hospitals charge hefty expenses, but their facilities in promoting patient care are substantial. The Government hospitals provide medical facilities free of cost, but in some cases, the patients have to wait in long queues.

In all hospitals, there is a need to make provision of infrastructure, amenities and facilities, which would render an important contribution in promoting patient care. The medical practitioners and health care specialists need to be well-versed in terms of job duties and methodologies that are needed to carry these out in an appropriate manner.



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Furthermore, there should be provision of materials and equipment, which are needed in carrying out all tasks, related to patient care in a satisfactory manner. Therefore, promoting patient care is a meaningful measure to be implemented in promoting functioning of hospitals.

### III. CONDUCTING RESEARCH

The individuals, employed within hospitals need to conduct research in terms of different subjects and concepts. It is referred to investigation, study and examination. The main objective is to augment one's knowledge and understanding in terms of various aspects. The individuals make use of various sources in order to conduct research, i.e. books, articles, reports, projects, other reading materials and internet. The internet is considered as one of the prominent sources that is utilized to impart information in terms of various types of subjects and concepts. Furthermore, individuals will clarify doubts and lead to up-gradation of confidence levels.

In addition, information is generated regarding pioneering methods and materials. The medical practitioners and health care specialists write research papers, articles, and books. The various topics that need to be researched are, diet and nutrition, medical, treatment, diseases, health problems, illnesses and so forth. Hence, the task of conducting research has proven to be favorable to the individuals on a comprehensive basis. As a consequence, the overall functioning of the hospitals will be carried out in a well-ordered and disciplined manner. Therefore, conducting research is a notable measure to be implemented in promoting functioning of hospitals.

#### A. Enhancing Organizational Culture

Organizational culture is a concept that is important in all types of organizations. All the members are required to be well-versed in terms of all types of techniques, which are necessary in leading to up-gradation of organizational culture. When one is focused on promoting functioning of hospitals, they need to be well-informed in terms of factors of enhancing organizational culture. Some of these factors are, implementing effective communication processes; leading to up-gradation of training programs; being well-versed in terms of all types of job duties and responsibilities; taking out sufficient amount of time for all tasks and activities; being well-informed in terms of methodologies, techniques and procedures; utilizing different types of pioneering methods and materials; augmenting knowledge, competencies and abilities; promoting enrichment of medical facilities; promoting patient care in a well-ordered manner; conducting research through utilizing various sources; inculcating the traits of morality, ethics, diligence and conscientiousness and leading to up-gradation of overall structure of hospitals. The acknowledgment and reinforcement of all these factors will be facilitating in leading to up-gradation of organizational culture. Therefore, enhancing organizational culture is a favorable measure to be implemented in promoting functioning of hospitals.

#### B. Acknowledging Concept of Public Health

Public health is referred to the science and art of preventing diseases and prolonging the lives of the

individuals and promoting human health. The medical practitioners and health care specialists are focusing on this concept throughout their jobs. The organized and informed choices of societies, organizations, public and private communities and individuals are contributing significantly in reinforcing the concept of public health. It is defined as the science of protecting the safety and improving the health of the individuals through education, policy making, research in terms of diseases and prevention of injuries.

The individuals are different from each other in terms of number of factors, hence, they acquire an understanding of public health in a different manner. Throughout the lives of the individuals, they need to be well-versed in terms of measures, which are facilitating in promoting good health. It needs to be promoted from physical as well as psychological perspectives. The individuals are not only to be free from health problems and illnesses, but they need to be mentally sound as well. Therefore, acknowledging concept of public health is an advantageous measure to be implemented in promoting functioning of hospitals.

#### C. Leading to Up-Gradation of Overall Structure of Hospitals

Leading to up-gradation of overall structure of hospitals is regarded as one of the indispensable goals of all members, irrespective of their job positions in the hierarchy of the hospitals. Throughout their jobs, they are required to be well-informed in terms of factors, which are facilitating in achievement of this goal.

These are, being well-versed in terms of all types of job duties and responsibilities; taking out sufficient amount of time for all tasks and activities; coping with different types of problems and challenging situations in a satisfactory manner; augmenting analytical and critical-thinking skills; being well-informed in terms of methodologies, techniques and procedures; utilizing different types of pioneering methods and materials; augmenting knowledge, competencies and abilities; promoting enrichment of medical facilities; promoting patient care in a well-ordered manner; conducting research through utilizing various sources; inculcating the traits of morality, ethics, diligence and conscientiousness and forming cordial and amiable terms and relationships with others. The recognition and implementation of all these factors will be facilitating in leading to up-gradation of overall structure of hospitals. Therefore, leading to up-gradation of overall structure of hospitals is a useful measure to be implemented in promoting functioning of hospitals.

#### D. Advantages of Promoting Functioning of Hospitals

The individuals, belonging to all age groups are overwhelmed by different types of health problems and illnesses. In cases of experiencing different types of health problems and illnesses, the individuals make visits to hospitals.

The individuals, belonging to rural communities are migrating to urban communities in order to get their health problems and illnesses treated. The main reason being, in rural communities, these are not in a well-developed state, whereas, in urban communities, these are in a satisfactory condition (Kumari, Joshi, & Pandey, 2014[2][10]). The individuals in leadership positions and other staff members are required to put into operation the techniques, which are facilitating in carrying out functioning of hospitals in a satisfactory manner. They need to be well-informed in terms of advantages of promoting functioning of hospitals. These are, facilitating in promoting good health, physically and psychologically; providing counseling and guidance services; promoting community well-being; developing motivation towards implementing job duties; enhancing career prospects and bringing about improvements in one's overall quality of lives. These are stated as follows:

#### **E. Facilitating in Promoting Good Health, Physically and Psychologically**

Health is wealth. Individuals, belonging to all communities, categories and socio-economic backgrounds need to be well-versed in terms of ways of promoting good health. It needs to be promoted from physical as well as psychological perspectives. Within hospitals, medical practitioners and health care specialists are required to make provision of information regarding all types of methods and approaches, which would be facilitating in promoting good health, physically and psychologically. The individuals are required to understand these adequately. Furthermore, they need to make sure, they are not overwhelmed by any types of dilemmas. As a consequence of promoting functioning of hospitals in a satisfactory manner, individuals employed there will augment their information in terms of all types of methodologies and procedures, which are facilitating in doing well in their job duties. Furthermore, desired outcomes will be generated. Therefore, facilitating in promoting good health, physically and psychologically is regarded as one of the indispensable advantages of promoting functioning of hospitals.

#### **F. Providing Counseling and Guidance Services**

The medical practitioners and health care specialists make provision of counseling and guidance services to the patients. They are overwhelmed due to different types of health problems and illnesses. As a consequence, they experience psychological problems of anger, stress, anxiety, frustration and depression. Hence, counseling and guidance services prove to be favorable in helping patients in coping with these problems. All these problems need to be prevented from giving rise to impediments within the course of putting into practice various types of job duties and responsibilities. Throughout the implementation of job duties and dealing with patients, one needs to stay calm and composed. As a consequence, counseling and guidance services will be carried out in a well-ordered manner. The counselors and counselees need to implement communication processes in an effective manner and treat each other with respect and courtesy. Furthermore, honing of analytical, decision-making, and critical-thinking skills will be facilitating in generating desired outcomes. Therefore, providing counseling and guidance services is one of the significant advantages of promoting functioning of hospitals.

#### **IV. PROMOTING COMMUNITY WELL-BEING**

Functioning of hospitals is vital in both urban and rural communities throughout the country. This is regarded as one of the indispensable methods that are needed in promoting community well-being. The individuals, belonging to all age groups make visits to hospitals, when they are overwhelmed by different types of health problems and illnesses as well as psychological problems. The medical practitioners and health care specialists need to be well-versed in terms of all their job duties and methodologies that are needed to carry these out in an appropriate manner. Hence, they are rendering an important contribution in promoting community well-being. Furthermore, there should be provision of materials and equipment, which are needed in carrying out all tasks, related to patient care in a satisfactory manner. In addition, all the members need to put emphasis on augmenting knowledge, competencies, abilities and aptitude. As a consequence, not only all the staff members will be well-aware, but the concept of community well-being will acquire prominence. Therefore, promoting community well-being is a vital advantage of promoting functioning of hospitals.

#### **A. Developing Motivation Towards Implementing Job Duties**

Within hospitals, all the members are required to be well-versed in terms of job duties and responsibilities. These are complicated as well as manageable, and these are put into operation in more amount of time or can be less time-consuming. The individuals, belonging to all positions need to be well-versed in terms of time-management skills. These skills are facilitating in taking out sufficient amount of time for these and avoid procrastination. In addition, up-gradation of analytical, critical-thinking and problem-solving skills will be facilitating to individuals in generating desired outcomes.

The members need to ensure, they reinforce the traits of morality, ethics, diligence and conscientiousness (Human and Material Resources, 2020[1]). As a consequence, they will lead to up-gradation of motivation levels towards putting into operation their tasks and activities. Furthermore, their mind-sets will be stimulated and they will put in efforts to their best abilities. Therefore, developing motivation towards implementing job duties is an advantage of promoting functioning of hospitals, which needs to be acknowledged by all members in the hierarchy of the hospitals.

#### **V. ENHANCING CAREER PROSPECTS**

Within hospitals, there are number of individuals employed. They are putting in their best efforts in promoting enrichment of career prospects. Enhancing career prospects is regarded as one of the major goals of individuals, belonging to all positions in the hierarchy.

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In order to achieve this goal, they are required to be well-informed in terms of certain factors, i.e. being well-versed in terms of all types of job duties and responsibilities; taking out sufficient amount of time for all tasks and activities; coping with different types of problems and challenging situations in a satisfactory manner; augmenting analytical and critical-thinking skills; well-informed in terms of methodologies, techniques and procedures; utilizing different types of pioneering methods and materials; augmenting knowledge, competencies and abilities; promoting enrichment of medical facilities; reinforcing a constructive approach; developing mutual understanding with others and inculcating the traits of morality, ethics, diligence and conscientiousness. As a consequence of implementing these factors, functioning of hospitals will take place satisfactorily and career prospects will be enhanced. Therefore, enhancing career prospects is an advantage of promoting functioning of hospitals, which leads to up-gradation of motivation levels among members.

### A. Bringing About Improvements in One's Overall Quality of Lives

Bringing about improvements in one's overall quality of lives is regarded as one of the primary goals of individuals, belonging to all communities and socio-economic backgrounds. As a consequence of promoting functioning of hospitals, the individuals will contribute significantly in achievement of this goal. The main reason being, they will contribute efficiently in generating information regarding measures to promote good health, physically and psychologically. As a consequence of being physically and psychologically healthy, one will be well-prepared in terms of all measures to bring about improvements in one's overall quality of lives. Furthermore, one will reinforce a constructive approach. Furthermore, there should be provision of materials and equipment, which are needed in carrying out all tasks, related to patient care in a satisfactory manner. In addition, all the members need to put emphasis on augmenting knowledge, skills, capabilities and aptitude. Therefore, bringing about improvements in one's overall quality of lives is an advantage of promoting functioning of hospitals, which needs to be focused on throughout the lives of the individuals.

## VI. CONCLUSION

Functioning of hospitals is vital in all communities throughout the country. Measures to be implemented in promoting functioning of hospitals are, implementing effective communication processes, leading to up-gradation of training programs, being well-versed regarding job duties and responsibilities, utilizing pioneering methods and materials, promoting enrichment of medical facilities, promoting patient care, conducting research, enhancing organizational culture, acknowledging concept of public health and leading to up-gradation of overall structure of hospitals. Advantages of promoting functioning of hospitals are, facilitating in promoting good health, physically and psychologically; providing counseling and guidance services; promoting community well-being; developing motivation towards implementing job duties; enhancing career prospects and bringing about improvements in one's

overall quality of lives. Finally, it can be stated, implementing functioning of hospitals satisfactorily is vital in promoting community well-being.

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